

## EXPERIENCE AND CARING

My Women's Center has one of the most experienced minimally invasive surgery practices in the United States, performing thousands of procedures each year. This is important to consider when choosing a Gynecologic surgeon. Dr. Hutson has had more experience with the da Vinci System than any other benign gynecologist in Northern Nevada. This system allows the surgeon to do minimally invasive procedures for difficult surgeries that would otherwise be done open (with larger incisions.) For the patient, this means, less pain, less blood loss, and overall faster recovery.

The care team at My Women's Center takes great pride in caring for the individual needs of each of their patients. Taking time to discuss the problems, educate and explain the issues, and inform patients of their options, is of utmost importance in the success of the patient-physician partnership. Helping women achieve beauty in form and function is the ultimate goal at My Women's Center. If you are interested in meeting with one of the members of the care team at My Women's Center, call for an appointment:

**(775) 432-1343**

**My WOMEN'S CENTER**

Gyn. Health. Beauty. Joy.

**My Women's Center** is a DREAM practice. A place for women to get great care in a beautiful environment with kind, compassionate and caring experts in the field. Our goal is to help women recognize their beauty in form and function, as it relates to their health and well-being.

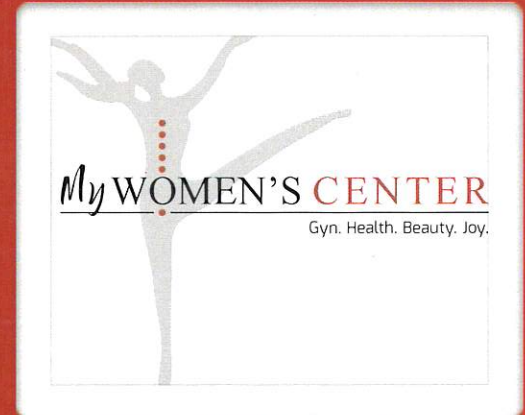
**Dr. Elizabeth Hutson** is a board certified Gynecologist and Urogynecologist (Female Pelvic Medicine and Reconstructive Surgery, FPMRS) and loves helping patients with complex Gyn and Urogyn problems with an emphasis on minimally invasive surgery and in-office procedures. Of course, we offer patients help in all aspects of women's health, but in order to focus on complex Gyn and surgery, Dr. Hutson works with a great care team to help women with all their care needs.

**Dr. Madeline Hardacre** is a board certified Gynecologist who joined My Women's Center in September 2017. She had 13 years of Gyn experience prior to this and her interests focus on in-office Gyn. She loves seeing patients with complex Gyn and Urogyn issues in the office and if patients decide to go forward with minimally invasive surgery, that's where Dr. Hutson can help.

**If you are interested in a consultation, call  
MY WOMEN'S CENTER**

**(775) 432-1343**

## Minimally Invasive Surgery Program



*where it's all about you.*

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## HOW IS MINIMALLY INVASIVE SURGERY DIFFERENT?

Minimally invasive surgery (sometimes called laparoscopic surgery or even robotic surgery) is done through small incisions using specialized techniques, miniature cameras with microscopes, tiny fiber-optic flashlights and high definition monitors. Dr. Hutson can perform surgery through incisions that require only a stitch or two to close.



For patients, minimally invasive surgery means less trauma to the body, less blood loss, smaller surgical scars, and most importantly, faster recovery. Patients leave the hospital and return to normal activities sooner than with conventional open surgery. Most patients are able to get back to almost all of their normal activities within two weeks as compared to the normal six to eight weeks following an open procedure. Come see us at My Women's Center.

*where it's all about you.*

## TYPES OF MINIMALLY INVASIVE SURGERY

The following are some of the types of minimally invasive surgery performed by Dr. Hutson. These procedures may be done with the assistance of the da Vinci System (robotics.) Robotics offers improved visualization, more precise dissection, three-dimensional vision, tremor reduction, and improved ergonomics for the surgeon.

### HYSTERECTOMY

- Removal of the uterus with or without the ovaries can be done the following ways:
- dLH: da Vinci laparoscopic hysterectomy
- TLH: Total laparoscopic hysterectomy
- LSH: Laparoscopic supra-cervical hysterectomy
- LAVH: Laparoscopic assisted vaginal hysterectomy
- TVH: Transvaginal hysterectomy

### MYOMECTOMY

- Laparoscopic removal of uterine fibroid tumors

### SACROCOLPOPEXY

- Laparoscopic treatment for vaginal vault prolapse

### SALPINGO-OOPHORECTOMY

- Laparoscopic removal of the tubes and ovaries

### ENDOMETRIOSIS TREATMENT

- Laparoscopic removal of endometriosis implants and resultant scar tissue

## OTHER TYPES OF MINIMALLY INVASIVE PROCEDURES

The following are types of minimally invasive surgery that do not involve laparoscopy. Many of these procedures are done through small incisions or natural openings in the body. Most can be done in the office or in outpatient surgery centers.

### ENDOMETRIAL ABLATION

- Trans-cervical destruction of the lining of the uterus to reduce or get rid of periods (alternative to hysterectomy)

### ADVANCED HYSTEROSCOPY

- Trans-cervical removal of fibroids and polyps

### ESSURE TUBAL OCCLUSION

- Trans-cervical tubal occlusion (sterilization)

### URETHRAL SLING

- Treatment for urinary incontinence

### INTERSTIM NEUROMODULATION

- Treatment of bladder control problems

### LABIAPLASTY/VAGINOPLASTY

- Vulvar enhancement and tightening/rejuvenation

### MONA LISA TOUCH

- Gentle laser therapy for vaginal atrophy which helps with vaginal burning, itching, dryness, pain with intercourse and urinary incontinence

### BEAUTY SHOP SERVICES

- Enhances your natural beauty using laser and radio-frequency technology, as well as, aesthetic services